

## From All Sides: The Squeeze



Harry was your typical small businessman, worked seven days a week, and maintained a one-room office with just a secretary. He had a nice family and a wife, with three kids. The last few years were exciting, and his destiny seemed secure. He owned a beautiful home that was almost paid for, and for the first time in his life, he could afford his dream car. Overall, life was good. Then he got a threatening phone call from a competitor, and the next day his banker phoned him. It was on a Sunday! From that point on, life would never be the same for him, or his family. The excitement and emotional upheaval of a torrid love affair, and the sorrows and tragedies that would follow was beyond imagination. There was only one hope! Nonno, his grandfather knew about the energy tunnel, Harry himself had seen it! This energy beam could be the stepping-stone to immortality, as well as salvation for the human race.

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pregnant, heart troubles, diabetes, etc.) ensure your trainer has education in these fields and communicate with your doctor. 5. A good-listener: A good trainer ensure he comprehends your aims and should listen carefully to what you say. 6. Attention: A good trainer should be targeted only during your sessions on you. 7. Monitoring improvement: A great coach will often assess your progress and alter things if necessary.

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